

Christian Faith

INTAKE SURVEY

****Please answer the questions below.**

Do you consider yourself a Christian? ☐ Yes ☐ No ☐ Unsure / Exploring

If yes, do you identify with a particular denomination or tradition _____

How important is your faith in your day-to-day life? (1 = Not at all, 5 = Very important) ☐ ☐ ☐ ☐ ☐

In what ways does your faith shape how you: Handle stress or suffering? Make major decisions? View yourself and others?

Are you currently part of a church or spiritual community? ☐ Yes ☐ No ☐ Looking for one ☐ Used to be, but not anymore

If yes, where? _____

On a scale from 1 to 5, how connected do you currently feel to your Christian faith? ☐ 1 ☐ 2 ☐ 3 ☐ 4 ☐ 5
(1 = Not at all connected, 5 = Very strongly connected)

Would you like your Christian faith to be part of the therapy process?

☐ Yes, actively integrated ☐ Occasionally referenced when relevant ☐ Only if I bring it up ☐ Not at all

Do you engage in any of the following spiritual practices?

- | | | |
|---|---|---|
| ☐ Private prayer | ☐ Communion/Eucharist | ☐ Christian meditation / contemplation |
| ☐ Corporate prayer (with others) | ☐ Fasting | ☐ Confession / repentance |
| ☐ Bible reading / devotional time | ☐ Scripture memorization | ☐ Giving / tithing |
| ☐ Listening to worship music | ☐ Journaling as a spiritual practice | ☐ Acts of service |
| ☐ Attending church or worship services | ☐ Solitude / silence | ☐ Other : _____ |
| ☐ Fellowship with other Christians | ☐ Christian podcasts or books | |

Are you currently experiencing any struggles, doubts, or challenges in your faith that you would feel comfortable sharing?
(This could include questions about God, feeling distant from your faith, church-related experiences, or anything else that feels spiritually difficult.)

Have you ever had a positive or negative experience with faith-based counseling or church-based support?

Is there anything else you'd like to share about your spiritual background or expectations for how faith might be addressed in our sessions?

