

Christian Faith

INTAKE SURVEY

**Please answer the questions below.

Do you consider yourself a Christian? Yes No Unsure / Exploring

If yes, do you identify with a particular denomination or tradition _____

How important is your faith in your day-to-day life? (1 = Not at all, 5 = Very important)

In what ways does your faith shape how you: Handle stress or suffering? Make major decisions? View yourself and others?

Are you currently part of a church or spiritual community? Yes No Looking for one Used to be, but not anymore

If yes, where? _____

On a scale from 1 to 5, how connected do you currently feel to your Christian faith? 1 2 3 4 5
(1 = Not at all connected, 5 = Very strongly connected)

Would you like your Christian faith to be part of the therapy process?

Yes, actively integrated Occasionally referenced when relevant Only if I bring it up Not at all

Do you engage in any of the following spiritual practices?

- | | | |
|---|---|---|
| <input type="checkbox"/> Private prayer | <input type="checkbox"/> Communion/Eucharist | <input type="checkbox"/> Christian meditation / contemplation |
| <input type="checkbox"/> Corporate prayer (with others) | <input type="checkbox"/> Fasting | <input type="checkbox"/> Confession / repentance |
| <input type="checkbox"/> Bible reading / devotional time | <input type="checkbox"/> Scripture memorization | <input type="checkbox"/> Giving / tithing |
| <input type="checkbox"/> Listening to worship music | <input type="checkbox"/> Journaling as a spiritual practice | <input type="checkbox"/> Acts of service |
| <input type="checkbox"/> Attending church or worship services | <input type="checkbox"/> Solitude / silence | <input type="checkbox"/> Other : _____ |
| <input type="checkbox"/> Fellowship with other Christians | <input type="checkbox"/> Christian podcasts or books | |

Are you currently experiencing any struggles, doubts, or challenges in your faith that you would feel comfortable sharing?
(This could include questions about God, feeling distant from your faith, church-related experiences, or anything else that feels spiritually difficult.)

Have you ever had a positive or negative experience with faith-based counseling or church-based support?

Is there anything else you'd like to share about your spiritual background or expectations for how faith might be addressed in our sessions?

