



# EASTER DEVOTIONAL

LIVING IN THE  
"IN-BETWEEN"

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# DEVOTIONAL

HAVE YOU EVER WONDERED WHAT IT WAS LIKE THE DAY AFTER CHRIST'S CRUCIFIXION? I WONDER HOW TERRIFIED THE DISCIPLES WERE AND HOW THEY MUST HAVE BEEN GRIEVING BEHIND LOCKED DOORS SCARED OF WHAT THE FUTURE NOW HELD. (JOHN 20:19). THEY WERE NOW LIVING IN THE "IN-BETWEEN", REMEMBERING THE TRAUMA OF YESTERDAY'S CRUCIFIXION BUT COMPLETELY OBLIVIOUS TO SUNDAY'S MIRACLE JUST AROUND THE CORNER.

I IMAGINE OUR PRESENT SOCIETY SURELY FEELS LIKE THE DAILY AFTER CHRIST'S DEATH. CONSTANTLY BE BOMBARD WITH BAD NEWS AND OVERWHELMED WITH ANXIETY AND DEPRESSION. WE CAN OFTEN LOCK OURSELVES AWAY FROM THE WORLD AND EVEN GOD WITH HOW MUCH FEAR CAN TAKE OVER OUR LIFE AND EVEN MINDS. WE WONDER IF OUR LIVES ARE GOING TO GET BETTER OR IF ALL THAT WORK WAS FOR NOTHING.

THAT IS THE BEAUTY OF EASTER. THE POWER OF GOD IS SOMETHING BEYOND ANYTHING WE COULD HAVE IMAGINED. WHEN THE DISCIPLES BELIEVED THEIR JOURNEY WAS OVER OUR HOLY FATHER SAID "WATCH THIS". CHRIST'S RESURRECTION IS THE ULTIMATE PROOF THAT GOD IS WORKING EVEN IN THE "IN-BETWEEN". THE FUTURE THE DISCIPLES HAD IN MIND DOESN'T EVEN COMPARE TO THE ULTIMATE MISSION CHRIST SET OUT TOWARDS. SO THIS EASTER, LET'S REMIND OURSELVES THAT THE EMPTY TOMB SHOWS US THAT CHRIST HAS ALREADY CONQUERED THIS WORLD AND THAT HOPE IS NEVER TRULY LOST.



# REFLECTION

**1. NAMING YOUR "IN-BETWEEN":** THE DISCIPLES FELT PROFOUND FEAR AND UNCERTAINTY BEFORE THE RESURRECTION. WHAT SITUATIONS IN THE WORLD, OR IN YOUR OWN LIFE, CURRENTLY MAKING YOU FEEL OVERWHELMED, FEARFUL, OR STUCK IN THE "IN-BETWEEN"?

*WRITE DOWN 2-3 THINGS THAT ARE WEIGHING HEAVILY ON YOUR MIND RIGHT NOW:*

**2. FINDING GRACE IN THE WAITING:** IT IS OKAY TO NOT BE OKAY IN THE WAITING. GOD MET THE DISCIPLES RIGHT WHERE THEY WERE IN THEIR FEAR. HOW CAN YOU SHOW YOURSELF GRACE TODAY AS YOU NAVIGATE THESE OVERWHELMING FEELINGS?

*WRITE DOWN ONE KIND THING YOU CAN DO FOR YOUR MIND OR BODY TODAY (E.G., TAKE A WALK, REST, TALK TO A FRIEND, OR SPEAK TO A COUNSELOR):*

**3. THE RESURRECTION:** 1 PETER 1:3 SAYS WE HAVE BEEN GIVEN A "LIVING HOPE THROUGH THE RESURRECTION OF JESUS CHRIST FROM THE DEAD."

*HOW DOES KNOWING THAT GOD HAS THE FINAL WORD OVER YOUR LIFE CHANGE THE WAY YOU CAN VIEW YOUR CURRENT STRUGGLES?*

*WRITE DOWN ONE REMINDER OF HOPE YOU CAN CLING TO WHEN FEAR OR STRESS TRIES TO TAKE OVER:*

**PRAYER:** LORD, WHEN I AM OVERWHELMED BY THE WORLD AND FEEL STUCK IN THE UNCERTAINTY OF "IN-BETWEEN," REMIND ME OF THE EMPTY TOMB. HELP ME TO BE GENTLE WITH MYSELF IN MY STRUGGLES, AND GROUND MY ANXIOUS HEART IN THE LIVING HOPE OF YOUR RESURRECTION. AMEN.



